# What makes a good mentor for me?

**Which topics are important to me?**

e.g. career planning, internal ‘rules of the game’, appointment & negotiation, administration, publications, third-party funding acquisition, feedback on strengths/weaknesses, networks, leadership, time management, family/career balance, ...

**What qualities should my mentor have?**

Gender, age, own children, special experience or skills, networks

Professional proximity

Local proximity/distance

**Where to start searching?**

Colleagues, (current/former) supervisors, conferences, professional societes, „big names“ in your field