



# INFORMATION ON THE BUDDY PROGRAMME UNDER PANDEMIC CONDITIONS IN THE WS 2020/21

## Stay informed!

- Check for coronavirus-related travel restrictions and what kind of precautions await you after your arrival in Heidelberg. (Will you have to get tested or go in mandatory quarantine?)
- Keep yourself informed about the latest [Corona Regulations](#) and the [Corona Ordinance](#) of Heidelberg University.

## Follow the AHA rules!

- Keep your distance (**A**bstand) – take hygiene precautions (**H**ygieneregeln) – wear a mask (**A**lltagsmaske). If you follow these simple precautions, you can help to stop the virus from spreading.
- Avoid large gatherings and parties.

## Talk to your buddy!

- Discuss with your buddy how you want to handle possible meetings in person. For instance, it is better to meet outside instead of indoors.
- It is important for you and your buddy to agree upon a form of support both of you are comfortable with to achieve a fulfilling experience in the buddy programme.
- Your buddy is not obliged to look after you during a possible quarantine, e.g. buy groceries for you. Talk to each other about how you can best manage your time in isolation.
- Please respect your buddy's potential wish not to meet in person. If it is important to you that the support takes place in person, please contact us so that we can connect you with another buddy.

## Questions or problems?

- If you have any questions or concerns, please contact us at:  
[buddy-programm@zuv.uni-heidelberg.de](mailto:buddy-programm@zuv.uni-heidelberg.de)