

# NEWSLETTER FOR INTERNATIONAL STUDENTS



UNIVERSITÄT  
HEIDELBERG  
ZUKUNFT  
SEIT 1386

Dear international students,

We would like to wish you, albeit a little late, a happy new year and all the best for 2026!

And, of course, we wish you all the best for the remaining days of the winter semester, especially for your upcoming exams and term papers. Speaking of term papers, we have an offer for you: You are welcome to use our Writing Advisory Service and other support services offered by the university. You will find more information on this and on other interesting topics here in our latest newsletter. Enjoy reading!

## DAAD Prize for Heidelberg Geoarchaeology Student

At the end of 2025, Diana Zhunussova was honoured with the DAAD Prize for International Students. Awarded by the German Academic Exchange Service (DAAD), the prize honours not only outstanding academic performances but also remarkable social commitment. The Geoarchaeology student from Kazakhstan is deeply dedicated to promoting equal opportunities in the education system and is being honoured 'for everything that is important to [her]: openness, democracy, inclusion and exchange'. The prize was presented to her during a small ceremony by Prof. Dr. Marc-Philippe Weller, Vice-Rector for International Affairs and Diversity at Heidelberg University, and Dr. Alexander Au, Head of the International Relations Office at Ruperto Carola.



## Upcoming events for international students at Heidelberg University

### Term papers, term papers, term papers...

At the end of the semester, most students have one or even several term papers to submit. But what can you do if you are not quite sure how to structure them, if your approach is correct, or if you find it difficult to work on long texts on your own at home? In this case, the university offers different support services that you can take advantage of:

The International Relations Office provides an **academic writing advisory service** that can assist you with your specific writing project and give you important tips on language and formal aspects. Further information on this free service can be found [here](#).

In addition, the **Long Night of Term Papers** (*Lange Nacht der Hausarbeiten*) will take place at the University Library on 19 February. You will find a wide range of support on all aspects of writing term papers in various online and face-to-face formats. Further information is provided [here](#).

## **Mental Health First Aid courses at Heidelberg University**

Did you know that around 30 percent of the population will develop a mental illness during their lifetime? That is a lot, and it is all the more regrettable that mental health remains a taboo subject. Heidelberg University is trying to encourage more transparency and dialogue in this area and is therefore offering courses in Mental Health First Aid (MHFA), which aim to empower students to provide competent first aid in acute or chronic mental health crises in their personal environment. The next course will take place on 28 and 29 January 2026 from 9.30 a.m. to 4.30 p.m. It is free of charge for students and includes theoretical and practical components. Further information can be found at [www.mhfa-ersthelfer.de](http://www.mhfa-ersthelfer.de). If you have any further questions, please feel free to contact the course instructor, Ms. Steiger: [o.steiger.mhfa@posteo.de](mailto:o.steiger.mhfa@posteo.de).

## **Do you already know ...**

### **... the new Master's programme in "Popular Cultures"?**

In the Summer Semester 2026, the University will introduce a new consecutive Master's programme in Popular Cultures, offering research-oriented studies with a focus on text, image and media studies. The contemporary and history-related programme focuses on the dissemination of popular cultural artefacts, especially in the modern era, but also traces popularisation effects back to the pre-modern era. Through the collaboration of several subjects and institutions, the programme not only offers the opportunity for interdisciplinary and intermedial study of mass media phenomena, but also a stronger practical and professional orientation. So, if you are interested in this field and are perhaps looking for a Master's programme to follow on from your Bachelor's degree, take a look [here](#) for further information.

### **... the Infocenter for Study and Internship Abroad?**

Are you considering spending part of your studies abroad, or taking a language course or doing an internship abroad? If so, the team at the Infocenter for Study and Internship Abroad will be happy to help you with your research, preparations and the organisation of your stay. You can simply come to one of their office hours or receive support by email. Further information can be found [here](#).

## **And don't forget!**

The re-registration period for the Summer Semester has begun. If you would like to continue your studies in the Summer Semester 2026, please re-register before 15 February 2026 by transferring the semester/tuition fees. You should have already received an email about this (please check your student email inbox regularly!). Further information can be found [here](#).

The next regulars' table (*Stammtisch*) for internationals will take place on Wednesday, February 4<sup>th</sup>, 2026. More information is available [here](#).

We wish you all the best for your exams and term papers, and hope you can enjoy a relaxing lecture-free period!

Your International Relations Team

## **CONTACT**

**Advisory and Support Services for International Students**  
[betreuunginternational@zuv.uni-heidelberg.de](mailto:betreuunginternational@zuv.uni-heidelberg.de)

**Imprint**  
Dr. Alexander Au  
Universität Heidelberg  
International Relations Division  
Seminarstraße 2  
69117 Heidelberg, Germany

